

OEQ II Inventory¹

Directions: Please rate how each statement fits you. Respond on the basis of what you are like now, not how you would like to be or how you think you should be. Circle the number by the statement the most accurately reflects the way you see yourself.

	Not at all like me	Not much like me	Somewhat like me	A lot like me like me	Very much like me
1. I like to daydream.	1	2	3	4	5
2. I am a competitive person.	1	2	3	4	5
3. The varieties of sound and color are delightful.	1	2	3	4	5
4. My pretend world is very real to me.	1	2	3	4	5
5. I am an independent thinker.	1	2	3	4	5
6. I feel other people's feelings	1	2	3	4	5
7. If an activity is physically exhausting, I find it satisfying.	1	2	3	4	5
8. Viewing art is a totally absorbing experience.	1	2	3	4	5
9. I worry a lot.	1	2	3	4	5
10. I love to be in motion.	1	2	3	4	5
11. It makes me sad to see a lonely person in a group.	1	2	3	4	5
12. I can take difficult concepts and translate them into something more understandable.	1	2	3	4	5
13. I get great joy from the artwork of others.	1	2	3	4	5
14. When I get bored, I begin to daydream.	1	2	3	4	5
15. When I have a lot of energy, I want to do something physical.	1	2	3	4	5
16. I question everything—how things work, what they mean, why things are the way they are.	1	2	3	4	5
17. I can be so happy that I want to laugh and cry at the same time.	1	2	3	4	5
18. I am more energetic than most people my age.	1	2	3	4	5
19. I can form a new concept by putting together a number of different things.	1	2	3	4	5
20. Sometimes I pretend I am someone else.	1	2	3	4	5
21. The longer that I have to sit still, the more restless that I get.	1	2	3	4	5
22. Things that I picture in my mind are so vivid that they seem real to me.	1	2	3	4	5
23. I observe and analyze everything.	1	2	3	4	5
24. I find myself mixing truth and fantasy in my thoughts.	1	2	3	4	5
25. Theories get my mind going.	1	2	3	4	5
26. I have strong feelings of joy, anger, excitement, and despair.	1	2	3	4	5
27. I feel music throughout my whole body.	1	2	3	4	5
28. I enjoy exaggerating reality.	1	2	3	4	5
29. I feel like my body is constantly in motion.	1	2	3	4	5
30. I love to solve problems and develop new concepts.	1	2	3	4	5

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	Not at all like me	Not much like me	Somewhat like me	A lot like me like me	Very much like me
31. I am deeply concerned about others.	1	2	3	4	5
32. I delight in colors, shapes, and textures of things more than other people do.	1	2	3	4	5
33. I believe that dolls, stuffed animals, or the characters in books are alive and have feelings.	1	2	3	4	5
34. Words and sounds create unusual images in my mind.	1	2	3	4	5
35. My strong emotions move me to tears.	1	2	3	4	5
36. I like to dig beneath the surface of issues.	1	2	3	4	5
37. I am moved by beauty in nature.	1	2	3	4	5
38. I am not sensitive to the color, shape, and texture of things like some people are.	1	2	3	4	5
39. When I am nervous, I need to do something physical.	1	2	3	4	5
40. I try to analyze my thoughts and actions.	1	2	3	4	5
41. I can feel a mixture of different emotions all at once.	1	2	3	4	5
42. I am the type of person that has to be active—talking, cleaning, organizing, doing something.	1	2	3	4	5
43. I like to play with ideas and try to think about how to put them to use.	1	2	3	4	5
44. I am an unemotional person.	1	2	3	4	5
45. I enjoy the sensations of colors, shapes, and designs.	1	2	3	4	5
46. The difference in aromas is interesting.	1	2	3	4	5
47. I have a talent for fantasy.	1	2	3	4	5
48. I love to listen to the sounds of nature.	1	2	3	4	5
49. I take everything to heart.	1	2	3	4	5
50. I thrive on intense physical activity, e.g. fast games and sports.	1	2	3	4	5 ¹

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Falk, R. F., Lind, S.K., Miller, N. B., Piechowski, M. M., & Silverman, L. K. (1999). *The Overexcitabilities Questionnaire-Two (OEQII): Manual, Scoring System, and Questionnaire*. Denver, CO: Institute for the Study of Advanced Development.
(<http://www.gifteddevelopment.com>)